Wednesday, February 5, 2025

Grief and Loss

Date and Time: Wednesday, February 5 6:30 pm - 8:00 pm

Address: virtual

4 virtual "Grief & Loss" workshops starting on Jan 22 to Feb 12, Wednesday evenings 6:30-8:00 p.m.

Wednesday, February 12, 2025

Grief and Loss

Date and Time: Wednesday, February 12 6:30 pm - 8:00 pm

Address: virtual

4 virtual "Grief & Loss" workshops starting on Jan 22 to Feb 12, Wednesday evenings 6:30-8:00 p.m.

Monday, February 17, 2025

Family Day at the ACCC

Date and Time: Monday, February 17 1:00 pm - 3:00 pm

Address: 900 Sophia Street, Prescott, ON

Family Day Fun at the ACCC!

Bring the whole family out for an unforgettable afternoon of FREE fun! *

1:00 - 3:00 PM

Public Skating – Glide around the rink with the family!

Arts & Activities – Creative fun for all ages with Galop Gallery and Connect Youth! **Special Character Vis** its – Meet your favorite characters!

Fitness with Payton! - Get moving through circuit training with Payton, being offered from 1-3PM in the Fitn ess Room.

It's the perfect way to spend time together and make memories that'll last. See you at the rink!

* Bring the whole family - Free fun for everyone!

☐ **Mark your calendars** – you won't want to miss this!

Dance Fit with Denzel

Date and Time: Monday, February 17 3:15 pm - 4:00 pm

Address: 900 Sophia Street, Prescott, ON

Join Family Day Dance Fit with Denzel of Tandem Unified Wellness!

\$20 per person, or \$40 per family. Pay cash in person, or EMT to tandemunifiedwellness@gmail.com

Friday, February 21, 2025

CHILI LUNCH

Date and Time: Friday, February 21 11:30 am - 1:30 pm

Address: 490 Centre St

CHILI LUNCH with Dessert!! St. John's Anglican, Prescott ON, Friday, Feb 21 11:30-1:30, \$12

Saturday, February 22, 2025

Aquatarium Water Wanderers Workshop

Date and Time: Saturday, February 22 2:00 pm - 3:00 pm

Address: 360 Dibble Street West

Strain Journey Through Water, Grow Through Wonder

We're so excited to announce our upcoming workshops in partnership with the <u>Aquatarium</u>, designed to ignite your understanding of the wonders of the river and wildlife conservation in our community.

These workshops are geared towards youth ages 6-12 and will be led by

passionate educators from the Aquatarium. The workshops will engage participants in interactive STEM-based workshops focusing on animal tracking, wildlife adaptations, and the science of river ecosystems. Throughout the program, participants will discover the secrets of animal behaviour, survival, and conservation in the context of river environments, all while developing their skills in critical thinking, observation, and scientific inquiry.

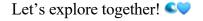
Upcoming Workshops:

- ◆January 25th 2-3PM at Town Hall (2nd Floor)
- ◆February 22nd 2-3PM at Town Hall (2nd Floor)
- March TBD so stay tuned!

Registration fee: \$25/workshop

Sign Up Online Today!

Click the link below to secure your spot. Registration is open now—be sure to register early before it fills up! https://www.prescott.ca/recreation-culture/recreation/



https://calendar.prescott.ca