

## Monday, July 1, 2024

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### Make A Splash On Canada Day

Date and Time: Monday, July 1 9:00 am - 5:00 pm

Address: 191 Water Street East

The Doggos are coming back!

[Canine Watersports Canada](#) is coming back to the [Prescott Pop-Ups](#) on Canada Day weekend 2024 (June 29-July 1) for their Make a Splash on Canada Day event!

Join them for a weekend of fun by the Harbour and the St. Lawrence River while you enjoy everything [Prescott, Ontario \(Official\)](#) and the [Downtown Prescott RiverWalk District](#) have to offer!

Stay tuned for more details, and be sure to follow the [Prescott Pop-Ups](#) to stay up to date on other 2024 event announcements.

### Prescott Canada Day

Date and Time: Monday, July 1 10:30 am - 10:00 pm

Address: Fort Wellington (370 Vankoughnet St) & Prescott Pop-Ups (191 Water St. E)

10:30AM: Prescott Canada Day Parade

- Starts at Kelly's beach, east along king st. ends at fort wellington
- Walking & non-motorized vehicles only
- prizes for best canada day spirit, costumes, entries and more!

11:30am: Flag raising ceremony at fort wellington

- CANNON FIRING, canada THEMED cupcakes/DRINKS, family friendly activities, free Fort admission ALL DAY.

12:30 - 2:30pm: Canada day fun zone at the pavilion

- Freezies & Canada day giveaways
- family friendly games & activities
- Little Rays Reptiles 1:30-2:30

9:00am - 10pm: Canada day at the pop-ups

- Canine Watersports Canada 9-3:30
- pop-ups & vendor market 10-9
- live MUSIC & demos 12:30-9

Evening: fireworks at dark!

## Tuesday, July 2, 2024

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### Library: Dungeons & Dragons

Date and Time: Tuesday, July 2 4:00 pm - 7:00 pm

Address: 360 Dibble Street West

Drop in a join in a game of Dungeons and Dragons at the Prescott Public Library!

### Pickleball

Date and Time: Tuesday, July 2 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are provided. Please note that instruction is not provided.

The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

## Wednesday, July 3, 2024

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### Lane Swim at Prescott Pool

Date and Time: Wednesday, July 3 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Aquafit at Prescott Pool

Date and Time: Wednesday, July 3 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Public Swimming at Prescott Pool

Date and Time: Wednesday, July 3 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Thursday, July 4, 2024

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### Lane Swim at Prescott Pool

Date and Time: Thursday, July 4 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Fitness Swim at Prescott Pool

Date and Time: Thursday, July 4 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Public Swimming at Prescott Pool

Date and Time: Thursday, July 4 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Pickleball

Date and Time: Thursday, July 4 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are provided. Please note that instruction is not provided.

The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

## Friday, July 5, 2024

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## Storytime with EarlyON at the Prescott Library

Date and Time: Friday, July 5 10:00 am - 11:00 am

Address: 360 Dibble Street West

Drop in and join the storytime fun with EarlyON!

## Aquafit at Prescott Pool

Date and Time: Friday, July 5 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Cricut Imagination Station at the Library

Date and Time: Friday, July 5 1:00 pm - 3:00 pm

Address: 360 Dibble Street West

For details please contact [library@prescott.ca](mailto:library@prescott.ca)

## Public Swimming at Prescott Pool

Date and Time: Friday, July 5 2:45 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Prescott Pop-Ups

Date and Time: Friday, July 5 3:00 pm - 8:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

## Public Swimming at Prescott Pool

Date and Time: Friday, July 5 5:15 pm - 7:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Saturday, July 6, 2024

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### Prescott Farmers' and Crafters' Market

Date and Time: Saturday, July 6 9:00 am - 2:00 pm

Address: RiverWalk Promenade, Edward Street at King Street

Join us every Saturday from 9 am to 2 pm for the Prescott Farmers' and Crafters' Market!

Located on the RiverWalk Promenade (Edward Street between King and Water), the Market features live music every weekend and an assortment of seasonal and occasional vendors.

### Prescott Pop-Ups

Date and Time: Saturday, July 6 10:00 am - 6:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

## Lane Swim at Prescott Pool

Date and Time: Saturday, July 6 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Public Swimming at Prescott Pool

Date and Time: Saturday, July 6 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Sunday, July 7, 2024

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### Lane Swim at Prescott Pool

Date and Time: Sunday, July 7 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>

• All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.

• “Open lanes” indicate lanes available for lane swims throughout the day.

• Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Prescott Pop-Ups

Date and Time: Sunday, July 7 11:00 am - 5:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

## Public Swimming at Prescott Pool

Date and Time: Sunday, July 7 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

• To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>

• All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.

• “Open lanes” indicate lanes available for lane swims throughout the day.

• Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Sunday Concert Series

Date and Time: Sunday, July 7 7:00 pm - 9:00 pm

Address: Kinsmen Amphitheatre, 101 Water Street West

Sunday Night Concerts

Schedule for 2024



(Donations to the Food Bank)

June 30	Tinted Wisdom	7:00
July 7	Capital Beatles	7:00
July 14	The Monarchs	7:00
July 21	Paul Anthony	7:00
July 28	Rhinestone Plowboys	7:00
August 4	Eddy and the Stingrays	6:30
August 11	Hillbilly Highway	6:30
August 18	Marleen Fawcett and Mountain Breeze	6:30
August 25	Chris Coyea and Alex Fleuriau Chateau	6:30

## Monday, July 8, 2024

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### PLAY Sports Camp

Date and Time: Monday, July 8 8:30 am - 4:30 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

# Multi-Sports Camp 2024

**Monday July 8 - Friday July 12, 2024**

**Leo Boivin Community Center, Prescott**

### Lane Swim at Prescott Pool

Date and Time: Monday, July 8 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

• To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>

- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.

- “Open lanes” indicate lanes available for lane swims throughout the day.

- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Aquafit at Prescott Pool

Date and Time: Monday, July 8 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>

- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.

- “Open lanes” indicate lanes available for lane swims throughout the day.

- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Public Swimming at Prescott Pool

Date and Time: Monday, July 8 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>

- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.

- “Open lanes” indicate lanes available for lane swims throughout the day.

- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Tuesday, July 9, 2024

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### PLAY Sports Camp

Date and Time: Tuesday, July 9 8:30 am - 4:30 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

# Multi-Sports Camp 2024

**Monday July 8 - Friday July 12, 2024**

**Leo Boivin Community Center, Prescott**

## Lane Swim at Prescott Pool

Date and Time: Tuesday, July 9 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Fitness Swim at Prescott Pool

Date and Time: Tuesday, July 9 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Public Swimming at Prescott Pool

Date and Time: Tuesday, July 9 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Library: Dungeons & Dragons

Date and Time: Tuesday, July 9 4:00 pm - 7:00 pm

Address: 360 Dibble Street West

Drop in and join in a game of Dungeons and Dragons at the Prescott Public Library!

## Pickleball

Date and Time: Tuesday, July 9 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are provided. Please note that instruction is not provided.

The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

## Wednesday, July 10, 2024

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### PLAY Sports Camp

Date and Time: Wednesday, July 10 8:30 am - 4:30 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

# Multi-Sports Camp

# 2024

**Monday July 8 - Friday July 12, 2024**

**Leo Boivin Community Center, Prescott**

## Lane Swim at Prescott Pool

Date and Time: Wednesday, July 10 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Aquafit at Prescott Pool

Date and Time: Wednesday, July 10 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Public Swimming at Prescott Pool

Date and Time: Wednesday, July 10 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.

- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Thursday, July 11, 2024

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### PLAY Sports Camp

Date and Time: Thursday, July 11 8:30 am - 4:30 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

# Multi-Sports Camp 2024

**Monday July 8 - Friday July 12, 2024**

**Leo Boivin Community Center, Prescott**

### Lane Swim at Prescott Pool

Date and Time: Thursday, July 11 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

### CPHC Adult Day Program

Date and Time: Thursday, July 11 9:00 am - 3:00 pm

Address: 490 Centre Street

The [CPHC](#) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/> The [CPHC](#) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

## Fitness Swim at Prescott Pool

Date and Time: Thursday, July 11 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Public Swimming at Prescott Pool

Date and Time: Thursday, July 11 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Pickleball

Date and Time: Thursday, July 11 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are provided. Please note that instruction is not provided.

The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

**Friday, July 12, 2024**

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## **PLAY Sports Camp**

Date and Time: Friday, July 12 8:30 am - 4:30 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

# **Multi-Sports Camp 2024**

**Monday July 8 - Friday July 12, 2024**

**Leo Boivin Community Center, Prescott**

## **Storytime with EarlyON at the Prescott Library**

Date and Time: Friday, July 12 10:00 am - 11:00 am

Address: 360 Dibble Street West

Drop in and join the storytime fun with EarlyON!

## **Aquafit at Prescott Pool**

Date and Time: Friday, July 12 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.



## Cricut Imagination Station at the Library

Date and Time: Friday, July 12 1:00 pm - 3:00 pm

Address: 360 Dibble Street West

For details please contact [library@prescott.ca](mailto:library@prescott.ca)

## Public Swimming at Prescott Pool

Date and Time: Friday, July 12 2:45 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Prescott Pop-Ups

Date and Time: Friday, July 12 3:00 pm - 8:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

## Public Swimming at Prescott Pool

Date and Time: Friday, July 12 5:15 pm - 7:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.

- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Saturday, July 13, 2024

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### Prescott Farmers' and Crafters' Market

Date and Time: Saturday, July 13 9:00 am - 2:00 pm

Address: RiverWalk Promenade, Edward Street at King Street

Join us every Saturday from 9 am to 2 pm for the Prescott Farmers' and Crafters' Market!

Located on the RiverWalk Promenade (Edward Street between King and Water), the Market features live music every weekend and an assortment of seasonal and occasional vendors.

### Prescott Pop-Ups

Date and Time: Saturday, July 13 10:00 am - 6:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

### Lane Swim at Prescott Pool

Date and Time: Saturday, July 13 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Public Swimming at Prescott Pool

Date and Time: Saturday, July 13 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Sunday, July 14, 2024

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### Lane Swim at Prescott Pool

Date and Time: Sunday, July 14 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

### Prescott Pop-Ups

Date and Time: Sunday, July 14 11:00 am - 5:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

## Public Swimming at Prescott Pool

Date and Time: Sunday, July 14 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Sunday Concert Series

Date and Time: Sunday, July 14 7:00 pm - 9:00 pm

Address: Kinsmen Amphitheatre, 101 Water Street West

### Sunday Night Concerts

#### Schedule for 2024

June 23	Stephen Goodberry and Debra Currier	7:00
	(Donations to the Food Bank)	
June 30	Tinted Wisdom	7:00
July 7	Capital Beatles	7:00
July 14	The Monarchs	7:00
July 21	Paul Anthony	7:00
July 28	Rhinestone Plowboys	7:00
August 4	Eddy and the Stingrays	6:30
August 11	Hillbilly Highway	6:30
August 18	Marleen Fawcett and Mountain Breeze	6:30
August 25	Chris Coyea and Alex Fleuriau Chateau	6:30

## Monday, July 15, 2024

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## Lane Swim at Prescott Pool

Date and Time: Monday, July 15 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Girls Inc Summer Camp

Date and Time: Monday, July 15 9:00 am - 4:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

To enroll, please follow the link below to enter the Girls Inc. of Upper Canada Parent Portal: <https://parents.c360.org/?org=girlsinc-uppercanada.org>

## Aquafit at Prescott Pool

Date and Time: Monday, July 15 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## ToP Beach Day

Date and Time: Monday, July 15 1:00 pm - 3:00 pm

Address: Kelly's Beach at Centennial Park

Join the ToP Rec Crew for games and activities on the beach! Find us at Kelly's Beach on Mondays from 1-3P M. Games and activities will generally be geared towards children ages 5-12 but all are welcome!

## Public Swimming at Prescott Pool

Date and Time: Monday, July 15 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Tuesday, July 16, 2024

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### Girls Inc Summer Camp

Date and Time: Tuesday, July 16 9:00 am - 4:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

To enroll, please follow the link below to enter the Girls Inc. of Upper Canada Parent Portal: <https://parents.c360.org/?org=girlsinc-uppercanada.org>

### Lane Swim at Prescott Pool

Date and Time: Tuesday, July 16 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

### CPHC Adult Day Program

Date and Time: Tuesday, July 16 9:00 am - 3:00 pm

Address: 490 Centre Street

The [CPHC](https://cphcare.ca/service/adult-day-service/) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at [https://cphcare.ca/service/adult-day-service/The\\_CPHC Adult Day Pro](https://cphcare.ca/service/adult-day-service/The_CPHC_Adult_Day_Pro)

gram runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

## **Fitness Swim at Prescott Pool**

Date and Time: Tuesday, July 16 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## **ToP Art Day**

Date and Time: Tuesday, July 16 1:00 pm - 3:00 pm

Address: 360 Dibble Street West

We invite you to drop in and join the art activity fun! Activities will generally be geared towards ages 5-12 but all are welcome! Meet us in the Ruth Evanson Room at Town Hall (it's on the 2nd floor!)

## **Public Swimming at Prescott Pool**

Date and Time: Tuesday, July 16 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## **Library: Dungeons & Dragons**

Date and Time: Tuesday, July 16 4:00 pm - 7:00 pm

Address: 360 Dibble Street West

Drop in and join in a game of Dungeons and Dragons at the Prescott Public Library!

## Pickleball

Date and Time: Tuesday, July 16 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are provided. Please note that instruction is not provided.

The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

## Wednesday, July 17, 2024

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### Girls Inc Summer Camp

Date and Time: Wednesday, July 17 9:00 am - 4:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

To enroll, please follow the link below to enter the Girls Inc. of Upper Canada Parent Portal: <https://parents.c360.org/?org=girlsinc-uppercanada.org>

### Lane Swim at Prescott Pool

Date and Time: Wednesday, July 17 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

### Aquafit at Prescott Pool

Date and Time: Wednesday, July 17 12:30 pm - 1:15 pm



Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## **ToP Play in the Park**

Date and Time: Wednesday, July 17 1:00 pm - 3:00 pm

Address: Centennial Park, 190 St. Lawrence St, Prescott, ON K0E1T0

Come join in the fun at Centennial Park on Wednesdays from 1-3PM. Our Rec team will be set up with different activities each week for children and families to participate!

## **Public Swimming at Prescott Pool**

Date and Time: Wednesday, July 17 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## **Children's Ice Cream Social**

Date and Time: Wednesday, July 17 2:00 pm - 4:00 pm

Address: 360 Dibble Street West

Friends of the Library are proud to offer a Children's Ice Cream Social on Wednesday July 17, 2024 from 2-4P M.

1 school = \$1

Water and a pop = \$1

Adults welcome! This is a fundraiser for the Prescott Public Library. Ice cream supplies generously donated by O'Reilly's Your Independent Grocer.

# Thursday, July 18, 2024

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## CPHC Adult Day Program

Date and Time: Thursday, July 18 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>The CPHC Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

## Girls Inc Summer Camp

Date and Time: Thursday, July 18 9:00 am - 4:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

To enroll, please follow the link below to enter the Girls Inc. of Upper Canada Parent Portal: <https://parents.c360.org/?org=girlsinc-uppercanada.org>

## Lane Swim at Prescott Pool

Date and Time: Thursday, July 18 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Poutine Feast

Date and Time: Thursday, July 18 11:00 am - 9:00 pm

Address: Prescott Pop-Ups, 191 Water Street East

Our 2nd year in Prescott and we are excited to bring you new poutine, games, competitions and so much more this year!

## Fitness Swim at Prescott Pool

Date and Time: Thursday, July 18 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Public Swimming at Prescott Pool

Date and Time: Thursday, July 18 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Pickleball

Date and Time: Thursday, July 18 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are provided. Please note that instruction is not provided.

The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

## Friday, July 19, 2024

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## Girls Inc Summer Camp

Date and Time: Friday, July 19 9:00 am - 4:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

To enroll, please follow the link below to enter the Girls Inc. of Upper Canada Parent Portal: <https://parents.c360.org/?org=girlsinc-uppercanada.org>

## Storytime with EarlyON at the Prescott Library

Date and Time: Friday, July 19 10:00 am - 11:00 am

Address: 360 Dibble Street West

Drop in and join the storytime fun with EarlyON!

## Poutine Feast

Date and Time: Friday, July 19 11:00 am - 9:00 pm

Address: Prescott Pop-Ups, 191 Water Street East

Our 2nd year in Prescott and we are excited to bring you new poutine, games, competitions and so much more this year!

## Aquafit at Prescott Pool

Date and Time: Friday, July 19 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Cricut Imagination Station at the Library

Date and Time: Friday, July 19 1:00 pm - 3:00 pm

Address: 360 Dibble Street West

For details please contact [library@prescott.ca](mailto:library@prescott.ca)

## Public Swimming at Prescott Pool

Date and Time: Friday, July 19 2:45 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Prescott Pop-Ups

Date and Time: Friday, July 19 3:00 pm - 8:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

## Public Swimming at Prescott Pool

Date and Time: Friday, July 19 5:15 pm - 7:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Saturday, July 20, 2024

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## Prescott Farmers' and Crafters' Market

Date and Time: Saturday, July 20 9:00 am - 2:00 pm

Address: RiverWalk Promenade, Edward Street at King Street

Join us every Saturday from 9 am to 2 pm for the Prescott Farmers' and Crafters' Market!

Located on the RiverWalk Promenade (Edward Street between King and Water), the Market features live music every weekend and an assortment of seasonal and occasional vendors.

## Prescott Pop-Ups

Date and Time: Saturday, July 20 10:00 am - 6:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

## Lane Swim at Prescott Pool

Date and Time: Saturday, July 20 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Poutine Feast

Date and Time: Saturday, July 20 11:00 am - 9:00 pm

Address: Prescott Pop-Ups, 191 Water Street East

Our 2nd year in Prescott and we are excited to bring you new poutine, games, competitions and so much more this year!

## Public Swimming at Prescott Pool

Date and Time: Saturday, July 20 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## LGIH Golf Tournament

Date and Time: Saturday, July 20 1:15 pm - 9:00 pm

Address: Prescott Golf Club

LGIH Golf Tournament at the Prescott Golf Club

Registration \$150

## Sunday, July 21, 2024

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### Lane Swim at Prescott Pool

Date and Time: Sunday, July 21 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

### Poutine Feast

Date and Time: Sunday, July 21 11:00 am - 6:00 pm

Address: Prescott Pop-Ups, 191 Water Street East





July 7	Capital Beatles	7:00
July 14	The Monarchs	7:00
July 21	Paul Anthony	7:00
July 28	Rhinestone Plowboys	7:00
August 4	Eddy and the Stingrays	6:30
August 11	Hillbilly Highway	6:30
August 18	Marleen Fawcett and Mountain Breeze	6:30
August 25	Chris Coyea and Alex Fleuriau Chateau	6:30

## Monday, July 22, 2024

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### Lane Swim at Prescott Pool

Date and Time: Monday, July 22 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

### Leeds Grenville Basketball Camp

Date and Time: Monday, July 22 9:00 am - 3:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Focus on individual basic skills of passing, ball-handling, shooting and guard footwork

### CPHC Adult Day Program

Date and Time: Monday, July 22 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program is designed for individuals 18 years and older who have diminished physical capabilities, cognitive impairment, or are socially isolated. The program offers 6 hours of structured programs/acti

vities lead by Activity Care Partners (ACPs) and Recreational Therapists (RTs) within a friendly and secure environment. This services also provides caregivers respite and support in managing the changing needs of their loved ones.

The ACPs and RTs facilitate activities that stimulate brain function, encourage socialization, and support the health and well-being of the participants. Clients may participate in group activities such as crafts, trivia games, and pet therapy, or they may choose to engage in individual activities such as puzzles, watching movies/TV, or playing music.

## Aquafit at Prescott Pool

Date and Time: Monday, July 22 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## ToP Beach Day

Date and Time: Monday, July 22 1:00 pm - 3:00 pm

Address: Kelly's Beach at Centennial Park

Join the ToP Rec Crew for games and activities on the beach! Find us at Kelly's Beach on Mondays from 1-3P M. Games and activities will generally be geared towards children ages 5-12 but all are welcome!

## Public Swimming at Prescott Pool

Date and Time: Monday, July 22 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Songs by the Shore

Date and Time: Monday, July 22 2:00 pm - 3:00 pm

Address: Centennial Park

Monday July 22 in [Prescott, Ontario \(Official\)](#)

New families and summer visitors are always welcome!



Join our EarlyON team at Centennial Park by the St. Lawrence River in Prescott for a full hour of songs, rhymes and fun beats by the shore!

For Ages: Birth to 6 years with their Adult

Time: 2-3 p.m.

Registration Required: Yes\*

Note\* this FREE program requires advance registration by calling 1-866-433-8933 x 2374 or by dropping by one of our EarlyON CFC locations in Leeds Grenville.

## Tuesday, July 23, 2024

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### CPHC Adult Day Program

Date and Time: Tuesday, July 23 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program is designed for individuals 18 years and older who have diminished physical capabilities, cognitive impairment, or are socially isolated. The program offers 6 hours of structured programs/activities lead by Activity Care Partners (ACPs) and Recreational Therapists (RTs) within a friendly and secure environment. This services also provides caregivers respite and support in managing the changing needs of their loved ones.

The ACPs and RTs facilitate activities that stimulate brain function, encourage socialization, and support the health and well-being of the participants. Clients may participate in group activities such as crafts, trivia games, and pet therapy, or they may choose to engage in individual activities such as puzzles, watching movies/TV, or playing music.

### CPHC Adult Day Program

Date and Time: Tuesday, July 23 9:00 am - 3:00 pm

Address: 490 Centre Street

The [CPHC](#) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>The CPHC Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

### Leeds Grenville Basketball Camp

Date and Time: Tuesday, July 23 9:00 am - 3:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Focus on individual basic skills of passing, ball-handling, shooting and guard footwork

## Lane Swim at Prescott Pool

Date and Time: Tuesday, July 23 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Fitness Swim at Prescott Pool

Date and Time: Tuesday, July 23 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## ToP Art Day

Date and Time: Tuesday, July 23 1:00 pm - 3:00 pm

Address: 360 Dibble Street West

We invite you to drop in and join the art activity fun! Activities will generally be geared towards ages 5-12 but all are welcome! Meet us in the Ruth Evanson Room at Town Hall (it's on the 2nd floor!)

## Public Swimming at Prescott Pool

Date and Time: Tuesday, July 23 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Library: Dungeons & Dragons

Date and Time: Tuesday, July 23 4:00 pm - 7:00 pm

Address: 360 Dibble Street West

Drop in to join in a game of Dungeons and Dragons at the Prescott Public Library!

## Pickleball

Date and Time: Tuesday, July 23 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are provided. Please note that instruction is not provided.

The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

## Wednesday, July 24, 2024

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### Leeds Grenville Basketball Camp

Date and Time: Wednesday, July 24 9:00 am - 3:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Focus on individual basic skills of passing, ball-handling, shooting and guard footwork

### Lane Swim at Prescott Pool

Date and Time: Wednesday, July 24 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Aquafit at Prescott Pool

Date and Time: Wednesday, July 24 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## ToP Play in the Park

Date and Time: Wednesday, July 24 1:00 pm - 3:00 pm

Address: Centennial Park, 190 St. Lawrence St, Prescott, ON K0E1T0

Come join in the fun at Centennial Park on Wednesdays from 1-3PM. Our Rec team will be set up with different activities each week for children and families to participate!

## Public Swimming at Prescott Pool

Date and Time: Wednesday, July 24 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.

- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Thursday, July 25, 2024

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### Leeds Grenville Basketball Camp

Date and Time: Thursday, July 25 9:00 am - 3:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Focus on individual basic skills of passing, ball-handling, shooting and guard footwork

### Lane Swim at Prescott Pool

Date and Time: Thursday, July 25 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

### CPHC Adult Day Program

Date and Time: Thursday, July 25 9:00 am - 3:00 pm

Address: 490 Centre Street

The [CPHC](https://cphcare.ca/service/adult-day-service/) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/> The [CPHC](https://cphcare.ca/service/adult-day-service/) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

### CPHC Adult Day Program

Date and Time: Thursday, July 25 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program is designed for individuals 18 years and older who have diminished physical capabilities, cognitive impairment, or are socially isolated. The program offers 6 hours of structured programs/activities lead by Activity Care Partners (ACPs) and Recreational Therapists (RTs) within a friendly and secure envi

ronment. This services also provides caregivers respite and support in managing the changing needs of their loved ones.

The ACPs and RTs facilitate activities that stimulate brain function, encourage socialization, and support the health and well-being of the participants. Clients may participate in group activities such as crafts, trivia games, and pet therapy, or they may choose to engage in individual activities such as puzzles, watching movies/TV, or playing music.

## **Fitness Swim at Prescott Pool**

Date and Time: Thursday, July 25 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## **Public Swimming at Prescott Pool**

Date and Time: Thursday, July 25 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## **Pickleball**

Date and Time: Thursday, July 25 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are provided. Please note that instruction is not provided.



The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

## **Friday, July 26, 2024**

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### **Leeds Grenville Basketball Camp**

Date and Time: Friday, July 26 9:00 am - 3:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Focus on individual basic skills of passing, ball-handling, shooting and guard footwork

### **Storytime with EarlyON at the Prescott Library**

Date and Time: Friday, July 26 10:00 am - 11:00 am

Address: 360 Dibble Street West

Drop in and join the storytime fun with EarlyON!

### **Aquafit at Prescott Pool**

Date and Time: Friday, July 26 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

### **Cricut Imagination Station at the Library**

Date and Time: Friday, July 26 1:00 pm - 3:00 pm

Address: 360 Dibble Street West

For details please contact [library@prescott.ca](mailto:library@prescott.ca)

## Public Swimming at Prescott Pool

Date and Time: Friday, July 26 2:45 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Prescott Pop-Ups

Date and Time: Friday, July 26 3:00 pm - 8:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

## Public Swimming at Prescott Pool

Date and Time: Friday, July 26 5:15 pm - 7:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Saturday, July 27, 2024

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## Prescott Farmers' and Crafters' Market

Date and Time: Saturday, July 27 9:00 am - 2:00 pm

Address: RiverWalk Promenade, Edward Street at King Street

Join us every Saturday from 9 am to 2 pm for the Prescott Farmers' and Crafters' Market!

Located on the RiverWalk Promenade (Edward Street between King and Water), the Market features live music every weekend and an assortment of seasonal and occasional vendors.

## Prescott Pop-Ups

Date and Time: Saturday, July 27 10:00 am - 6:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

## Lane Swim at Prescott Pool

Date and Time: Saturday, July 27 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Public Swimming at Prescott Pool

Date and Time: Saturday, July 27 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.

al distancing.

- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Sunday, July 28, 2024

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### Lane Swim at Prescott Pool

Date and Time: Sunday, July 28 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

### Prescott Pop-Ups

Date and Time: Sunday, July 28 11:00 am - 5:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

### Public Swimming at Prescott Pool

Date and Time: Sunday, July 28 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical

al distancing.

- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Sunday Concert Series

Date and Time: Sunday, July 28 7:00 pm - 9:00 pm

Address: Kinsmen Amphitheatre, 101 Water Street West

### Sunday Night Concerts

#### Schedule for 2024

June 23	Stephen Goodberry and Debra Currier	7:00
	(Donations to the Food Bank)	
June 30	Tinted Wisdom	7:00
July 7	Capital Beatles	7:00
July 14	The Monarchs	7:00
July 21	Paul Anthony	7:00
July 28	Rhinestone Plowboys	7:00
August 4	Eddy and the Stingrays	6:30
August 11	Hillbilly Highway	6:30
August 18	Marleen Fawcett and Mountain Breeze	6:30
August 25	Chris Coyea and Alex Fleuriau Chateau	6:30

## Monday, July 29, 2024

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### Lane Swim at Prescott Pool

Date and Time: Monday, July 29 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical

al distancing.

- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Aquafit at Prescott Pool

Date and Time: Monday, July 29 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## ToP Beach Day

Date and Time: Monday, July 29 1:00 pm - 3:00 pm

Address: Kelly's Beach at Centennial Park

Join the ToP Rec Crew for games and activities on the beach! Find us at Kelly's Beach on Mondays from 1-3P M. Games and activities will generally be geared towards children ages 5-12 but all are welcome!

## Public Swimming at Prescott Pool

Date and Time: Monday, July 29 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Tuesday, July 30, 2024

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## Lane Swim at Prescott Pool

Date and Time: Tuesday, July 30 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## CPHC Adult Day Program

Date and Time: Tuesday, July 30 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program is designed for individuals 18 years and older who have diminished physical capabilities, cognitive impairment, or are socially isolated. The program offers 6 hours of structured programs/activities lead by Activity Care Partners (ACPs) and Recreational Therapists (RTs) within a friendly and secure environment. This services also provides caregivers respite and support in managing the changing needs of their loved ones.

The ACPs and RTs facilitate activities that stimulate brain function, encourage socialization, and support the health and well-being of the participants. Clients may participate in group activities such as crafts, trivia games, and pet therapy, or they may choose to engage in individual activities such as puzzles, watching movies/TV, or playing music.

## CPHC Adult Day Program

Date and Time: Tuesday, July 30 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at [https://cphcare.ca/service/adult-day-service/The CPHC Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street](https://cphcare.ca/service/adult-day-service/The_CPHC_Adult_Day_Program_runs_from_9am-3pm_in_Prescott_on_Tuesdays_and_Thursdays_at_490_Centre_Street). For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

## Fitness Swim at Prescott Pool

Date and Time: Tuesday, July 30 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>

- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## ToP Art Day

Date and Time: Tuesday, July 30 1:00 pm - 3:00 pm

Address: 360 Dibble Street West

We invite you to drop in and join the art activity fun! Activities will generally be geared towards ages 5-12 but all are welcome! Meet us in the Ruth Evanson Room at Town Hall (it's on the 2nd floor!)

## Public Swimming at Prescott Pool

Date and Time: Tuesday, July 30 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

## Library: Dungeons & Dragons

Date and Time: Tuesday, July 30 4:00 pm - 7:00 pm

Address: 360 Dibble Street West

Drop in and join in a game of Dungeons and Dragons at the Prescott Public Library!

## Pickleball

Date and Time: Tuesday, July 30 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are



provided. Please note that instruction is not provided.

The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

## Wednesday, July 31, 2024

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### Lane Swim at Prescott Pool

Date and Time: Wednesday, July 31 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

### Aquafit at Prescott Pool

Date and Time: Wednesday, July 31 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

### ToP Play in the Park

Date and Time: Wednesday, July 31 1:00 pm - 3:00 pm

Address: Centennial Park, 190 St. Lawrence St, Prescott, ON K0E1T0

Come join in the fun at Centennial Park on Wednesdays from 1-3PM. Our Rec team will be set up with different activities each week for children and families to participate!

## Public Swimming at Prescott Pool

Date and Time: Wednesday, July 31 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

<https://calendar.prescott.ca>