

Thursday, August 1, 2024

Lane Swim at Prescott Pool

Date and Time: Thursday, August 1 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

CPHC Adult Day Program

Date and Time: Thursday, August 1 9:00 am - 3:00 pm

Address: 490 Centre Street

The [CPHC](https://cphcare.ca/service/adult-day-service/) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>The [CPHC](https://cphcare.ca/service/adult-day-service/) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

CPHC Adult Day Program

Date and Time: Thursday, August 1 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program is designed for individuals 18 years and older who have diminished physical capabilities, cognitive impairment, or are socially isolated. The program offers 6 hours of structured programs/activities lead by Activity Care Partners (ACPs) and Recreational Therapists (RTs) within a friendly and secure environment. This services also provides caregivers respite and support in managing the changing needs of their loved ones.

The ACPs and RTs facilitate activities that stimulate brain function, encourage socialization, and support the health and well-being of the participants. Clients may participate in group activities such as crafts, trivia games, and pet therapy, or they may choose to engage in individual activities such as puzzles, watching movies/TV, or playing music.

Fitness Swim at Prescott Pool

Date and Time: Thursday, August 1 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Public Swimming at Prescott Pool

Date and Time: Thursday, August 1 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Pickleball

Date and Time: Thursday, August 1 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are provided. Please note that instruction is not provided.

The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

Friday, August 2, 2024

Aquafit at Prescott Pool

Date and Time: Friday, August 2 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Public Swimming at Prescott Pool

Date and Time: Friday, August 2 2:45 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Prescott Pop-Ups

Date and Time: Friday, August 2 3:00 pm - 8:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

Public Swimming at Prescott Pool

Date and Time: Friday, August 2 5:15 pm - 7:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Saturday, August 3, 2024

Prescott Farmers' and Crafters' Market

Date and Time: Saturday, August 3 9:00 am - 2:00 pm

Address: RiverWalk Promenade, Edward Street at King Street

Join us every Saturday from 9 am to 2 pm for the Prescott Farmers' and Crafters' Market!

Located on the RiverWalk Promenade (Edward Street between King and Water), the Market features live music every weekend and an assortment of seasonal and occasional vendors.

Prescott Pop-Ups

Date and Time: Saturday, August 3 10:00 am - 6:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

Lane Swim at Prescott Pool

Date and Time: Saturday, August 3 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.

al distancing.

- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Public Swimming at Prescott Pool

Date and Time: Saturday, August 3 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Sunday, August 4, 2024

Lane Swim at Prescott Pool

Date and Time: Sunday, August 4 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Prescott Pop-Ups

Date and Time: Sunday, August 4 11:00 am - 5:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-U

p), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

Public Swimming at Prescott Pool

Date and Time: Sunday, August 4 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Sunday Concert Series

Date and Time: Sunday, August 4 6:30 pm - 8:30 pm

Address: Kinsmen Amphitheatre, 101 Water Street West

Sunday Night Concerts

Schedule for 2024

June 23	Stephen Goodberry and Debra Currier	7:00
	(Donations to the Food Bank)	
June 30	Tinted Wisdom	7:00
July 7	Capital Beatles	7:00
July 14	The Monarchs	7:00
July 21	Paul Anthony	7:00
July 28	Rhinestone Plowboys	7:00
August 4	Eddy and the Stingrays	6:30
August 11	Hillbilly Highway	6:30
August 18	Marleen Fawcett and Mountain Breeze	6:30

Monday, August 5, 2024

Lane Swim at Prescott Pool

Date and Time: Monday, August 5 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Aquafit at Prescott Pool

Date and Time: Monday, August 5 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Public Swimming at Prescott Pool

Date and Time: Monday, August 5 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ol.

Tuesday, August 6, 2024

Lane Swim at Prescott Pool

Date and Time: Tuesday, August 6 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

CPHC Adult Day Program

Date and Time: Tuesday, August 6 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program is designed for individuals 18 years and older who have diminished physical capabilities, cognitive impairment, or are socially isolated. The program offers 6 hours of structured programs/activities lead by Activity Care Partners (ACPs) and Recreational Therapists (RTs) within a friendly and secure environment. This services also provides caregivers respite and support in managing the changing needs of their loved ones.

The ACPs and RTs facilitate activities that stimulate brain function, encourage socialization, and support the health and well-being of the participants. Clients may participate in group activities such as crafts, trivia games, and pet therapy, or they may choose to engage in individual activities such as puzzles, watching movies/TV, or playing music.

CPHC Adult Day Program

Date and Time: Tuesday, August 6 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at [https://cphcare.ca/service/adult-day-service/The_CPHC Adult Day Program](https://cphcare.ca/service/adult-day-service/The_CPHC_Adult_Day_Program) runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

Fitness Swim at Prescott Pool

Date and Time: Tuesday, August 6 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Art Day

Date and Time: Tuesday, August 6 1:00 pm - 3:00 pm

Address: 360 Dibble Street West

We invite you to drop in and join the art activity fun! Activities will generally be geared towards ages 5-12 but all are welcome! Meet us in the Ruth Evanson Room at Town Hall (it's on the 2nd floor!)

Public Swimming at Prescott Pool

Date and Time: Tuesday, August 6 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Pickleball

Date and Time: Tuesday, August 6 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are provided. Please note that instruction is not provided.

The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

Wednesday, August 7, 2024

Lane Swim at Prescott Pool

Date and Time: Wednesday, August 7 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Aquafit at Prescott Pool

Date and Time: Wednesday, August 7 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Play in the Park

Date and Time: Wednesday, August 7 1:00 pm - 3:00 pm

Address: Centennial Park, 190 St. Lawrence St, Prescott, ON K0E1T0

Come join in the fun at Centennial Park on Wednesdays from 1-3PM. Our Rec team will be set up with different activities each week for children and families to participate!

Public Swimming at Prescott Pool

Date and Time: Wednesday, August 7 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Thursday, August 8, 2024

Lane Swim at Prescott Pool

Date and Time: Thursday, August 8 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

CPHC Adult Day Program

Date and Time: Thursday, August 8 9:00 am - 3:00 pm

Address: 490 Centre Street

The [CPHC](#) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>The [CPHC](#) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

CPHC Adult Day Program

Date and Time: Thursday, August 8 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program is designed for individuals 18 years and older who have diminished physical capabilities, cognitive impairment, or are socially isolated. The program offers 6 hours of structured programs/activities lead by Activity Care Partners (ACPs) and Recreational Therapists (RTs) within a friendly and secure environment. This services also provides caregivers respite and support in managing the changing needs of their loved ones.

The ACPs and RTs facilitate activities that stimulate brain function, encourage socialization, and support the health and well-being of the participants. Clients may participate in group activities such as crafts, trivia games, and pet therapy, or they may choose to engage in individual activities such as puzzles, watching movies/TV, or playing music.

Fitness Swim at Prescott Pool

Date and Time: Thursday, August 8 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Beach Day

Date and Time: Thursday, August 8 1:00 pm - 3:00 pm

Address: Kelly's Beach at Centennial Park

Join the ToP Rec Crew for games and activities on the beach! Find us at Kelly's Beach on Mondays from 1-3P M. Games and activities will generally be geared towards children ages 5-12 but all are welcome!

Public Swimming at Prescott Pool

Date and Time: Thursday, August 8 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Friday, August 9, 2024

Aquafit at Prescott Pool

Date and Time: Friday, August 9 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Public Swimming at Prescott Pool

Date and Time: Friday, August 9 2:45 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Prescott Pop-Ups

Date and Time: Friday, August 9 3:00 pm - 8:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

Public Swimming at Prescott Pool

Date and Time: Friday, August 9 5:15 pm - 7:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Saturday, August 10, 2024

Prescott Farmers' and Crafters' Market

Date and Time: Saturday, August 10 9:00 am - 2:00 pm

Address: RiverWalk Promenade, Edward Street at King Street

Join us every Saturday from 9 am to 2 pm for the Prescott Farmers' and Crafters' Market!

Located on the RiverWalk Promenade (Edward Street between King and Water), the Market features live music every weekend and an assortment of seasonal and occasional vendors.

Prescott Pop-Ups

Date and Time: Saturday, August 10 10:00 am - 6:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

Lane Swim at Prescott Pool

Date and Time: Saturday, August 10 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Prescott Spiritual Wellness Fair

Date and Time: Saturday, August 10 10:00 am - 4:00 pm

Address: Prescott Pop-Ups, 191 Water Street East

This high vibrational healing event offers unique spiritual & wellness products and services from vendors all around Eastern Ontario.

The Fairgrounds are located on the beautiful waterfront of the St. Lawrence River.

Visit the fair for Natural Products, High Vibrational Creations, Custom Artwork, Energy Healing, Tarot Readings, Mediums, Crystals, Sound Healers, Candles, Jewelry, Essential Oils & More!!

The fair is held in Downtown Prescott and is located in the Riverwalk District where pedestrians go daily to shop, walk their dogs and enjoy the scenery. Prescott Pop Up's is directly beside the Fairgrounds and offers food, gelato and other items from local small businesses.

The Fairgrounds is across the street from Fort Wellington and there are many shops, restaurants and a museum within walking distance.

VENDOR REGISTRATION (\$85+hst by April 30th): <https://form.jotform.com/240176830887263>

VENDOR LIST SO FAR:

Moonstone Astrology

Twelve 28

The Spirit Smith

Twitches Stiches

ApotheKerry

Willow Tree Health & Wellness

Maya Luna

Reiki Travels

Silver Bee Goddess

Thornhaven Grove

The Paw Spa

Aerial Lightwork

VitaSana

Brandie's Alchemy of Energy Sessions

Halona Padiachy

Spyder Express Riding Group - 4th Annual Meet & Greet

Date and Time: Saturday, August 10 11:00 am

Address: RiverWalk Park

Date: Saturday, August 10th, 2024

Location: RiverWalk Park

Start Time: 11:00 am

Parking: Red George Pub Parking Lot

- Meet Fellow Spyder Riders
- Invite Other Spyder Enthusiasts
- Places to Eat & Visit
- Rain Date TBD if needed

Public Swimming at Prescott Pool

Date and Time: Saturday, August 10 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Sunday, August 11, 2024

Lane Swim at Prescott Pool

Date and Time: Sunday, August 11 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Prescott Pop-Ups

Date and Time: Sunday, August 11 11:00 am - 5:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

Public Swimming at Prescott Pool

Date and Time: Sunday, August 11 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Sunday Concert Series

Date and Time: Sunday, August 11 6:30 pm - 8:30 pm

Address: Kinsmen Amphitheatre, 101 Water Street West

Sunday Night Concerts

Schedule for 2024

June 23	Stephen Goodberry and Debra Currier	7:00
	(Donations to the Food Bank)	
June 30	Tinted Wisdom	7:00
July 7	Capital Beatles	7:00
July 14	The Monarchs	7:00
July 21	Paul Anthony	7:00

July 28	Rhinestone Plowboys	7:00
August 4	Eddy and the Stingrays	6:30
August 11	Hillbilly Highway	6:30
August 18	Marleen Fawcett and Mountain Breeze	6:30
August 25	Chris Coyea and Alex Fleuriau Chateau	6:30

Monday, August 12, 2024

Lane Swim at Prescott Pool

Date and Time: Monday, August 12 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Aquafit at Prescott Pool

Date and Time: Monday, August 12 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Beach Day

Date and Time: Monday, August 12 1:00 pm - 3:00 pm

Address: Kelly's Beach at Centennial Park

Join the ToP Rec Crew for games and activities on the beach! Find us at Kelly's Beach on Mondays from 1-3PM. Games and activities will generally be geared towards children ages 5-12 but all are welcome!

Public Swimming at Prescott Pool

Date and Time: Monday, August 12 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Tuesday, August 13, 2024

Lane Swim at Prescott Pool

Date and Time: Tuesday, August 13 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

CPHC Adult Day Program

Date and Time: Tuesday, August 13 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program is designed for individuals 18 years and older who have diminished physical capabilities, cognitive impairment, or are socially isolated. The program offers 6 hours of structured programs/activities lead by Activity Care Partners (ACPs) and Recreational Therapists (RTs) within a friendly and secure environment. This services also provides caregivers respite and support in managing the changing needs of their loved ones.

The ACPs and RTs facilitate activities that stimulate brain function, encourage socialization, and support the he

alth and well-being of the participants. Clients may participate in group activities such as crafts, trivia games, and pet therapy, or they may choose to engage in individual activities such as puzzles, watching movies/TV, or playing music.

CPHC Adult Day Program

Date and Time: Tuesday, August 13 9:00 am - 3:00 pm

Address: 490 Centre Street

The [CPHC](#) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>The [CPHC](#) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

Fitness Swim at Prescott Pool

Date and Time: Tuesday, August 13 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Art Day

Date and Time: Tuesday, August 13 1:00 pm - 3:00 pm

Address: 360 Dibble Street West

We invite you to drop in and join the art activity fun! Activities will generally be geared towards ages 5-12 but all are welcome! Meet us in the Ruth Evanson Room at Town Hall (it's on the 2nd floor!)

Public Swimming at Prescott Pool

Date and Time: Tuesday, August 13 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.

- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Pickleball

Date and Time: Tuesday, August 13 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are provided. Please note that instruction is not provided.

The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

Wednesday, August 14, 2024

Lane Swim at Prescott Pool

Date and Time: Wednesday, August 14 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Aquafit at Prescott Pool

Date and Time: Wednesday, August 14 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.

- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Play in the Park

Date and Time: Wednesday, August 14 1:00 pm - 3:00 pm

Address: Centennial Park, 190 St. Lawrence St, Prescott, ON K0E1T0

Come join in the fun at Centennial Park on Wednesdays from 1-3PM. Our Rec team will be set up with different activities each week for children and families to participate!

Public Swimming at Prescott Pool

Date and Time: Wednesday, August 14 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Thursday, August 15, 2024

Lane Swim at Prescott Pool

Date and Time: Thursday, August 15 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

CPHC Adult Day Program

Date and Time: Thursday, August 15 9:00 am - 3:00 pm

Address: 490 Centre Street

The [CPHC](https://cphcare.ca/service/adult-day-service/) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>. The [CPHC](https://cphcare.ca/service/adult-day-service/) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>.

CPHC Adult Day Program

Date and Time: Thursday, August 15 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program is designed for individuals 18 years and older who have diminished physical capabilities, cognitive impairment, or are socially isolated. The program offers 6 hours of structured programs/activities led by Activity Care Partners (ACPs) and Recreational Therapists (RTs) within a friendly and secure environment. This service also provides caregivers respite and support in managing the changing needs of their loved ones.

The ACPs and RTs facilitate activities that stimulate brain function, encourage socialization, and support the health and well-being of the participants. Clients may participate in group activities such as crafts, trivia games, and pet therapy, or they may choose to engage in individual activities such as puzzles, watching movies/TV, or playing music.

Fitness Swim at Prescott Pool

Date and Time: Thursday, August 15 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Beach Day

Date and Time: Thursday, August 15 1:00 pm - 3:00 pm

Address: Kelly's Beach at Centennial Park

Join the ToP Rec Crew for games and activities on the beach! Find us at Kelly's Beach on Mondays from 1-3P M. Games and activities will generally be geared towards children ages 5-12 but all are welcome!

Public Swimming at Prescott Pool

Date and Time: Thursday, August 15 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Friday, August 16, 2024

Aquafit at Prescott Pool

Date and Time: Friday, August 16 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Public Swimming at Prescott Pool

Date and Time: Friday, August 16 2:45 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Prescott Pop-Ups

Date and Time: Friday, August 16 3:00 pm - 8:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

Public Swimming at Prescott Pool

Date and Time: Friday, August 16 5:15 pm - 7:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Saturday, August 17, 2024

Prescott Farmers' and Crafters' Market

Date and Time: Saturday, August 17 9:00 am - 2:00 pm

Address: RiverWalk Promenade, Edward Street at King Street

Join us every Saturday from 9 am to 2 pm for the Prescott Farmers' and Crafters' Market!

Located on the RiverWalk Promenade (Edward Street between King and Water), the Market features live music every weekend and an assortment of seasonal and occasional vendors.

Prescott Pop-Ups

Date and Time: Saturday, August 17 10:00 am - 6:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

Lane Swim at Prescott Pool

Date and Time: Saturday, August 17 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Public Swimming at Prescott Pool

Date and Time: Saturday, August 17 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Sunday, August 18, 2024

Lane Swim at Prescott Pool

Date and Time: Sunday, August 18 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Prescott Pop-Ups

Date and Time: Sunday, August 18 11:00 am - 5:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

Public Swimming at Prescott Pool

Date and Time: Sunday, August 18 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Sunday Concert Series

Date and Time: Sunday, August 18 6:30 pm - 8:30 pm

Address: Kinsmen Amphitheatre, 101 Water Street West

Sunday Night Concerts

Schedule for 2024

June 23	Stephen Goodberry and Debra Currier	7:00
	(Donations to the Food Bank)	
June 30	Tinted Wisdom	7:00
July 7	Capital Beatles	7:00
July 14	The Monarchs	7:00
July 21	Paul Anthony	7:00
July 28	Rhinestone Plowboys	7:00
August 4	Eddy and the Stingrays	6:30
August 11	Hillbilly Highway	6:30
August 18	Marleen Fawcett and Mountain Breeze	6:30
August 25	Chris Coyea and Alex Fleuriau Chateau	6:30

Monday, August 19, 2024

Girls Inc Summer Camp

Date and Time: Monday, August 19 9:00 am - 4:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

There is still time to register for Girls Inc Summer Camp 2024!

To enroll, please follow the link below to enter the Girls Inc. of Upper Canada Parent Portal: <https://parents.c360.org/?org=girlsinc-uppercanada.org>

Don't hesitate to reach out if you have any questions or concerns: admin@girlsinc-uppercanada.org

Limited spots left at almost all camps

Full and partial subsidies are available upon request

Lane Swim at Prescott Pool

Date and Time: Monday, August 19 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.

- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Aquafit at Prescott Pool

Date and Time: Monday, August 19 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Beach Day

Date and Time: Monday, August 19 1:00 pm - 3:00 pm

Address: Kelly's Beach at Centennial Park

Join the ToP Rec Crew for games and activities on the beach! Find us at Kelly's Beach on Mondays from 1-3P M. Games and activities will generally be geared towards children ages 5-12 but all are welcome!

Public Swimming at Prescott Pool

Date and Time: Monday, August 19 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Tuesday, August 20, 2024

Lane Swim at Prescott Pool

Date and Time: Tuesday, August 20 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Girls Inc Summer Camp

Date and Time: Tuesday, August 20 9:00 am - 4:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

There is still time to register for Girls Inc Summer Camp 2024!

To enroll, please follow the link below to enter the Girls Inc. of Upper Canada Parent Portal: <https://parents.c360.org/?org=girlsinc-uppercanada.org>

Don't hesitate to reach out if you have any questions or concerns: admin@girlsinc-uppercanada.org

Limited spots left at almost all camps

Full and partial subsidies are available upon request

CPHC Adult Day Program

Date and Time: Tuesday, August 20 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program is designed for individuals 18 years and older who have diminished physical capabilities, cognitive impairment, or are socially isolated. The program offers 6 hours of structured programs/activities lead by Activity Care Partners (ACPs) and Recreational Therapists (RTs) within a friendly and secure environment. This services also provides caregivers respite and support in managing the changing needs of their loved ones.

The ACPs and RTs facilitate activities that stimulate brain function, encourage socialization, and support the health and well-being of the participants. Clients may participate in group activities such as crafts, trivia games, and pet therapy, or they may choose to engage in individual activities such as puzzles, watching movies/TV, or playing music.

CPHC Adult Day Program

Date and Time: Tuesday, August 20 9:00 am - 3:00 pm

Address: 490 Centre Street

The [CPHC](https://cphcare.ca/service/adult-day-service/) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

Fitness Swim at Prescott Pool

Date and Time: Tuesday, August 20 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Art Day

Date and Time: Tuesday, August 20 1:00 pm - 3:00 pm

Address: 360 Dibble Street West

We invite you to drop in and join the art activity fun! Activities will generally be geared towards ages 5-12 but all are welcome! Meet us in the Ruth Evanson Room at Town Hall (it's on the 2nd floor!)

Public Swimming at Prescott Pool

Date and Time: Tuesday, August 20 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Pickleball

Date and Time: Tuesday, August 20 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are provided. Please note that instruction is not provided.

The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

Wednesday, August 21, 2024

Girls Inc Summer Camp

Date and Time: Wednesday, August 21 9:00 am - 4:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

There is still time to register for Girls Inc Summer Camp 2024!

To enroll, please follow the link below to enter the Girls Inc. of Upper Canada Parent Portal: <https://parents.c360.org/?org=girlsinc-uppercanada.org>

Don't hesitate to reach out if you have any questions or concerns: admin@girlsinc-uppercanada.org

Limited spots left at almost all camps

Full and partial subsidies are available upon request

Lane Swim at Prescott Pool

Date and Time: Wednesday, August 21 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Aquafit at Prescott Pool

Date and Time: Wednesday, August 21 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Play in the Park

Date and Time: Wednesday, August 21 1:00 pm - 3:00 pm

Address: Centennial Park, 190 St. Lawrence St, Prescott, ON K0E1T0

Come join in the fun at Centennial Park on Wednesdays from 1-3PM. Our Rec team will be set up with different activities each week for children and families to participate!

Public Swimming at Prescott Pool

Date and Time: Wednesday, August 21 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Thursday, August 22, 2024

Lane Swim at Prescott Pool

Date and Time: Thursday, August 22 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>

- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Girls Inc Summer Camp

Date and Time: Thursday, August 22 9:00 am - 4:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

There is still time to register for Girls Inc Summer Camp 2024!

To enroll, please follow the link below to enter the Girls Inc. of Upper Canada Parent Portal: <https://parents.c360.org/?org=girlsinc-uppercanada.org>

Don't hesitate to reach out if you have any questions or concerns: admin@girlsinc-uppercanada.org

Limited spots left at almost all camps

Full and partial subsidies are available upon request

CPHC Adult Day Program

Date and Time: Thursday, August 22 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>The CPHC Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

CPHC Adult Day Program

Date and Time: Thursday, August 22 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program is designed for individuals 18 years and older who have diminished physical capabilities, cognitive impairment, or are socially isolated. The program offers 6 hours of structured programs/activities lead by Activity Care Partners (ACPs) and Recreational Therapists (RTs) within a friendly and secure environment. This services also provides caregivers respite and support in managing the changing needs of their loved ones.

The ACPs and RTs facilitate activities that stimulate brain function, encourage socialization, and support the health and well-being of the participants. Clients may participate in group activities such as crafts, trivia games, and pet therapy, or they may choose to engage in individual activities such as puzzles, watching movies/TV, or pl

aying music.

Red Cross Babysitting Course

Date and Time: Thursday, August 22 9:00 am - 4:00 pm

Address: Prescott Public Library

Red Cross Babysitting Course Opportunity!

Thursday August 22 at the Prescott Public Library

9am-4PM

Registration and payment to be made in advance.

For more info, contact Safety Tree at info@safetytree.com or 226-791-0579

Fitness Swim at Prescott Pool

Date and Time: Thursday, August 22 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Beach Day

Date and Time: Thursday, August 22 1:00 pm - 3:00 pm

Address: Kelly's Beach at Centennial Park

Join the ToP Rec Crew for games and activities on the beach! Find us at Kelly's Beach on Mondays from 1-3P M. Games and activities will generally be geared towards children ages 5-12 but all are welcome!

Public Swimming at Prescott Pool

Date and Time: Thursday, August 22 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>

- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.

- “Open lanes” indicate lanes available for lane swims throughout the day.

- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Friday, August 23, 2024

Girls Inc Summer Camp

Date and Time: Friday, August 23 9:00 am - 4:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

There is still time to register for Girls Inc Summer Camp 2024!

To enroll, please follow the link below to enter the Girls Inc. of Upper Canada Parent Portal: <https://parents.c360.org/?org=girlsinc-uppercanada.org>

Don't hesitate to reach out if you have any questions or concerns: admin@girlsinc-uppercanada.org

Limited spots left at almost all camps

Full and partial subsidies are available upon request

Aquafit at Prescott Pool

Date and Time: Friday, August 23 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>

- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.

- “Open lanes” indicate lanes available for lane swims throughout the day.

- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Public Swimming at Prescott Pool

Date and Time: Friday, August 23 2:45 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>

- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Prescott Pop-Ups

Date and Time: Friday, August 23 3:00 pm - 8:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

Public Swimming at Prescott Pool

Date and Time: Friday, August 23 5:15 pm - 7:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Saturday, August 24, 2024

Prescott Farmers' and Crafters' Market

Date and Time: Saturday, August 24 9:00 am - 2:00 pm

Address: RiverWalk Promenade, Edward Street at King Street

Join us every Saturday from 9 am to 2 pm for the Prescott Farmers' and Crafters' Market!

Located on the RiverWalk Promenade (Edward Street between King and Water), the Market features live music every weekend and an assortment of seasonal and occasional vendors.

Prescott Pop-Ups

Date and Time: Saturday, August 24 10:00 am - 6:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

Lane Swim at Prescott Pool

Date and Time: Saturday, August 24 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Public Swimming at Prescott Pool

Date and Time: Saturday, August 24 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Upper Canada FolkFest

Date and Time: Saturday, August 24 1:00 pm - 9:00 pm

Address: Kinsmen Amphitheatre, 101 Water Street West

Folk music is about storytelling through music and words. It is about sharing an experience, not only from the storyteller to their audience but through the experience that the audience shares together.

Tickets Available Soon. Visit [UPPER CANADA FOLKFEST - Home](#) for more information.

Sunday, August 25, 2024

Lane Swim at Prescott Pool

Date and Time: Sunday, August 25 10:00 am - 11:00 am

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Prescott Pop-Ups

Date and Time: Sunday, August 25 11:00 am - 5:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

Public Swimming at Prescott Pool

Date and Time: Sunday, August 25 11:15 am - 5:00 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Sunday Concert Series

Date and Time: Sunday, August 25 6:30 pm - 8:30 pm

Address: Kinsmen Amphitheatre, 101 Water Street West

Sunday Night Concerts

Schedule for 2024

June 23	Stephen Goodberry and Debra Currier	7:00
	(Donations to the Food Bank)	
June 30	Tinted Wisdom	7:00
July 7	Capital Beatles	7:00
July 14	The Monarchs	7:00
July 21	Paul Anthony	7:00
July 28	Rhinestone Plowboys	7:00
August 4	Eddy and the Stingrays	6:30
August 11	Hillbilly Highway	6:30
August 18	Marleen Fawcett and Mountain Breeze	6:30
August 25	Chris Coyea and Alex Fleuriau Chateau	6:30

Monday, August 26, 2024

Lane Swim at Prescott Pool

Date and Time: Monday, August 26 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Aquafit at Prescott Pool

Date and Time: Monday, August 26 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Beach Day

Date and Time: Monday, August 26 1:00 pm - 3:00 pm

Address: Kelly's Beach at Centennial Park

Join the ToP Rec Crew for games and activities on the beach! Find us at Kelly's Beach on Mondays from 1-3P M. Games and activities will generally be geared towards children ages 5-12 but all are welcome!

Public Swimming at Prescott Pool

Date and Time: Monday, August 26 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ol.

Tuesday, August 27, 2024

Lane Swim at Prescott Pool

Date and Time: Tuesday, August 27 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

CPHC Adult Day Program

Date and Time: Tuesday, August 27 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program is designed for individuals 18 years and older who have diminished physical capabilities, cognitive impairment, or are socially isolated. The program offers 6 hours of structured programs/activities lead by Activity Care Partners (ACPs) and Recreational Therapists (RTs) within a friendly and secure environment. This services also provides caregivers respite and support in managing the changing needs of their loved ones.

The ACPs and RTs facilitate activities that stimulate brain function, encourage socialization, and support the health and well-being of the participants. Clients may participate in group activities such as crafts, trivia games, and pet therapy, or they may choose to engage in individual activities such as puzzles, watching movies/TV, or playing music.

CPHC Adult Day Program

Date and Time: Tuesday, August 27 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>The CPHC Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

Fitness Swim at Prescott Pool

Date and Time: Tuesday, August 27 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Art Day

Date and Time: Tuesday, August 27 1:00 pm - 3:00 pm

Address: 360 Dibble Street West

We invite you to drop in and join the art activity fun! Activities will generally be geared towards ages 5-12 but all are welcome! Meet us in the Ruth Evanson Room at Town Hall (it's on the 2nd floor!)

Public Swimming at Prescott Pool

Date and Time: Tuesday, August 27 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Pickleball

Date and Time: Tuesday, August 27 6:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

We invite you to drop in and join the pickleball fun! All levels of play are welcome.

Games will be played on the pad at the Leo Boivin Community Centre. Participants are asked to bring clean, indoor athletic shoes and are encouraged to bring their own paddle and ball. Limited paddles and playing balls are provided. Please note that instruction is not provided.

The drop-in rate is \$5 per session. Monthly Memberships are available: - \$30 Membership Monthly memberships are active for one month from the date of purchase.

Once a pass has been purchased, you are required to show your pass to the Rec Attendant upon arrival.

Wednesday, August 28, 2024

Lane Swim at Prescott Pool

Date and Time: Wednesday, August 28 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Aquafit at Prescott Pool

Date and Time: Wednesday, August 28 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

ToP Play in the Park

Date and Time: Wednesday, August 28 1:00 pm - 3:00 pm

Address: Centennial Park, 190 St. Lawrence St, Prescott, ON K0E1T0

Come join in the fun at Centennial Park on Wednesdays from 1-3PM. Our Rec team will be set up with different activities each week for children and families to participate!

Public Swimming at Prescott Pool

Date and Time: Wednesday, August 28 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Thursday, August 29, 2024

Lane Swim at Prescott Pool

Date and Time: Thursday, August 29 9:00 am - 9:55 am

Address: Prescott Pool - St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

CPHC Adult Day Program

Date and Time: Thursday, August 29 9:00 am - 3:00 pm

Address: 490 Centre Street

The [CPHC](#) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>The [CPHC](#) Adult Day Program runs from 9am-3pm in Prescott on Tuesdays and Thursdays at 490 Centre Street. For more details, visit their website at <https://cphcare.ca/service/adult-day-service/>

CPHC Adult Day Program

Date and Time: Thursday, August 29 9:00 am - 3:00 pm

Address: 490 Centre Street

The CPHC Adult Day Program is designed for individuals 18 years and older who have diminished physical capabilities, cognitive impairment, or are socially isolated. The program offers 6 hours of structured programs/activities lead by Activity Care Partners (ACPs) and Recreational Therapists (RTs) within a friendly and secure environment. This services also provides caregivers respite and support in managing the changing needs of their loved ones.

The ACPs and RTs facilitate activities that stimulate brain function, encourage socialization, and support the health and well-being of the participants. Clients may participate in group activities such as crafts, trivia games, and pet therapy, or they may choose to engage in individual activities such as puzzles, watching movies/TV, or playing music.

Fitness Swim at Prescott Pool

Date and Time: Thursday, August 29 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Public Swimming at Prescott Pool

Date and Time: Thursday, August 29 1:30 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Wrap Up the Summer - Community Event and Movie Night

Date and Time: Thursday, August 29 4:00 pm - 9:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Join several different community partners for an evening at The Leo! Find out what youth-focused community services are available in Town, play games and stay for a movie! Encanto will be showing indoors at the Leo sta

ring at 6:30 PM.

Friday, August 30, 2024

Aquafit at Prescott Pool

Date and Time: Friday, August 30 12:30 pm - 1:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Public Swimming at Prescott Pool

Date and Time: Friday, August 30 2:45 pm - 3:45 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Prescott Pop-Ups

Date and Time: Friday, August 30 3:00 pm - 8:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.

Public Swimming at Prescott Pool

Date and Time: Friday, August 30 5:15 pm - 7:15 pm

Address: Prescott Pool, St. Lawrence Street

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- “Open lanes” indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.

Saturday, August 31, 2024

Prescott Farmers' and Crafters' Market

Date and Time: Saturday, August 31 9:00 am - 2:00 pm

Address: RiverWalk Promenade, Edward Street at King Street

Join us every Saturday from 9 am to 2 pm for the Prescott Farmers' and Crafters' Market!

Located on the RiverWalk Promenade (Edward Street between King and Water), the Market features live music every weekend and an assortment of seasonal and occasional vendors.

Prescott Pop-Ups

Date and Time: Saturday, August 31 10:00 am - 6:00 pm

Address: 191 Water Street East

Stop by and shop a curated selection of vendors, food trucks, and more at the Prescott Pop-Ups!

Seasonal Food Options - ArBru Solar Brewery, Judy's Wooden Spoon, River Vibes Picnics (Lighthouse Pop-Up), Addictive Sweets, and Katarina's Coffee Shop Pop-Up (July/August).

Season Vendors - b-ubu, Forwarder's Antiques, StuZu Design-Build, Olde Magick Pop-Up, Cecylia's Pond Handmade Soaps+

Rotating Short-term vendors throughout the season.