Saturday, October 1, 2022

Connect Youth After School Programming

Date and Time: Saturday, October 1 02:00 pm - 4:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Join Connect Youth for recreational activities as part of their Drop-In After School Programming on Wednesdays and Thursdays from 2-4pm at the Leo Boivin Community Centre!

Monday, October 3, 2022

Pickleball

Date and Time: Monday, October 3 09:00 am - 11:00 am

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Walker House Fitness

Date and Time: Monday, October 3 11:00 am - 12:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Join in on Walker House for senior fitness at the Leo Boivin Community Centre on Mondays from 11am-12pm.

Everyone is welcome to participate in a few events as a trial before deciding to become a member of Walker House.

Tuesday, October 4, 2022

Pickleball

Date and Time: Tuesday, October 4 06:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Wednesday, October 5, 2022

Pickleball

Date and Time: Wednesday, October 5 09:00 am - 11:00 am

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Connect Youth After School Programming

Date and Time: Wednesday, October 5 02:00 pm - 4:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Join Connect Youth for recreational activities as part of their Drop-In After School Programming on Wednesdays and Thursdays from 2-4pm at the Leo Boivin Community Centre!

Thursday, October 6, 2022

Mobile Y Fitness Program - Gentle Total Body

Date and Time: Thursday, October 6 10:00 am - 10:50 am

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON K0E1T0

This free fitness class offered by the YMCA is happening at the Leo Boivin Community Centre every Thursday from August 11-November 10, 2022.

Gentle Total Body fitness takes place from 10am-11am.

Registration is required but you do not need to have a YMCA membership to participate. <u>Click here to download the registration form.</u>

YMCA Mobile Y Fitness Program: Gentle Core & Stretch

Date and Time: Thursday, October 6 11:00 am - 11:50 am

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON K0E 1T0

This free fitness class offered by the YMCA is happening at the Leo Boivin Community Centre every Thursday

from August 11-November 10, 2022.

Gentle Core & Stretch takes place from 11am-12pm.

Registration is required but you do not need to have a YMCA membership to participate. <u>Click here to download the registration form.</u>

Connect Youth After School Programming

Date and Time: Thursday, October 6 02:00 pm - 4:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Join Connect Youth for recreational activities as part of their Drop-In After School Programming on Wednesdays and Thursdays from 2-4pm at the Leo Boivin Community Centre!

Pickleball

Date and Time: Thursday, October 6 06:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Tuesday, October 11, 2022

Pickleball

Date and Time: Tuesday, October 11 06:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Wednesday, October 12, 2022

Pickleball

Date and Time: Wednesday, October 12 09:00 am - 11:00 am

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Connect Youth After School Programming

Date and Time: Wednesday, October 12 02:00 pm - 4:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Join Connect Youth for recreational activities as part of their Drop-In After School Programming on Wednesdays and Thursdays from 2-4pm at the Leo Boivin Community Centre!

Thursday, October 13, 2022

Mobile Y Fitness Program - Gentle Total Body

Date and Time: Thursday, October 13 10:00 am - 10:50 am

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON K0E1T0

This free fitness class offered by the YMCA is happening at the Leo Boivin Community Centre every Thursday from August 11-November 10, 2022.

Gentle Total Body fitness takes place from 10am-11am.

Registration is required but you do not need to have a YMCA membership to participate. <u>Click here to download the registration form.</u>

YMCA Mobile Y Fitness Program: Gentle Core & Stretch

Date and Time: Thursday, October 13 11:00 am - 11:50 am

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON K0E 1T0

This free fitness class offered by the YMCA is happening at the Leo Boivin Community Centre every Thursday from August 11-November 10, 2022.

Gentle Core & Stretch takes place from 11am-12pm.

Registration is required but you do not need to have a YMCA membership to participate. <u>Click here to download the registration form.</u>

Connect Youth After School Programming

Date and Time: Thursday, October 13 02:00 pm - 4:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Join Connect Youth for recreational activities as part of their Drop-In After School Programming on Wednesdays and Thursdays from 2-4pm at the Leo Boivin Community Centre!

Pickleball

Date and Time: Thursday, October 13 06:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Friday, October 14, 2022

Open Gym and Rec Night

Date and Time: Friday, October 14 04:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Join in on Open Gym and Rec Night at the Leo Boivin Community Centre!

Basketball, mini-putt, games and activities will be set up and ready for everyone to participate. Children under 12 must be supervised by an adult. Admission is free!

Saturday, October 15, 2022

Strategic Pickleball Clinic

Date and Time: Saturday, October 15 09:00 am - 1:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Prescott is proud to offer pickleball clinics by Kim Brent and Barb Kerr the 2021 and 2022 Canadian Women's Doubles Champions! PPR Certified Proffesional instructors Kim and Barb, the mother and daughter TEAM SELKIRK duo have created clinics that will be sure to get you to the next level. Find out how they do it with these great upcoming clinics.

Each clinic will have a raffle to win Selkirk Gear and an email sent to you after the clinic to help you remember what was taught. Clinics may look similar on paper but they will be tailored to each level to maximize your development.

(Players 3.0 and Below) Play Better Pickleball Clinic:

Saturday October 15th 9:00-11:00am Cost: \$60

2 hour clinic for players wanting to improve their game and get to the next level. We will start by reviewing the proper mechanics of forehand and backhand dinking as well as the third shot drop. Learn to keep the ball low to

avoid being smashed. We will review the serve, return of serve and how to stop getting caught in the middle of the court. Then work on how to transition to the net quickly, safely and effectively to win more points. At the end of this clinic you will each get to play with the pro and get individual feedback on your game.

(Players 3.0 and above) Looking to get to the next level? Let us show you how.

Saturday October 15th 11:00am-1:00pm Cost: \$60

2 hour clinic to help you improve your game and play on the court you want to play on. We will start off with a quick review of dinking and make sure you are dinking with a purpose. Then learn how to make your third shot drop consistent and detrimental to your opponents. We will dive deep into how to effectively transition from the back court to the front as quickly and safely as possible by looking at the serve and return of serve. Along the way we will talk about how to reset the ball in midcourt and at the net. At the end of this clinic you will each get to play with the pro and get individual feedback on your game.

Not sure what level to register for please contact Kim at <u>Strategicpickleball@gmail.com</u>.

Ready to register:

Email Kim at strategicpickleball@gmail.com with your full name and the clinic as well as the date and time (Ex: Kim Brent -3.0 and Below, October 15th 9-11am) you would like to register for and I will send you details on the payment method. If you want to make sure you are in a clinic with a friend, mention it in your email as well.

Monday, October 17, 2022

Pickleball

Date and Time: Monday, October 17 09:00 am - 11:00 am

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Walker House Fitness

Date and Time: Monday, October 17 11:00 am - 12:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Join in on Walker House for senior fitness at the Leo Boivin Community Centre on Mondays from 11am-12pm.

Everyone is welcome to participate in a few events as a trial before deciding to become a member of Walker

House.

Tuesday, October 18, 2022

Pickleball

Date and Time: Tuesday, October 18 06:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Wednesday, October 19, 2022

Pickleball

Date and Time: Wednesday, October 19 09:00 am - 11:00 am

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Connect Youth After School Programming

Date and Time: Wednesday, October 19 02:00 pm - 4:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Join Connect Youth for recreational activities as part of their Drop-In After School Programming on Wednesdays and Thursdays from 2-4pm at the Leo Boivin Community Centre!

Thursday, October 20, 2022

Mobile Y Fitness Program - Gentle Total Body

Date and Time: Thursday, October 20 10:00 am - 10:50 am

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON K0E1T0

This free fitness class offered by the YMCA is happening at the Leo Boivin Community Centre every Thursday from August 11-November 10, 2022.

Gentle Total Body fitness takes place from 10am-11am.

Registration is required but you do not need to have a YMCA membership to participate. <u>Click here to download the registration form.</u>

YMCA Mobile Y Fitness Program: Gentle Core & Stretch

Date and Time: Thursday, October 20 11:00 am - 11:50 am

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON K0E 1T0

This free fitness class offered by the YMCA is happening at the Leo Boivin Community Centre every Thursday from August 11-November 10, 2022.

Gentle Core & Stretch takes place from 11am-12pm.

Registration is required but you do not need to have a YMCA membership to participate. <u>Click here to download the registration form.</u>

Connect Youth After School Programming

Date and Time: Thursday, October 20 02:00 pm - 4:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Join Connect Youth for recreational activities as part of their Drop-In After School Programming on Wednesdays and Thursdays from 2-4pm at the Leo Boivin Community Centre!

Pickleball

Date and Time: Thursday, October 20 06:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Friday, October 21, 2022

Covid-19 Vaccination Clinic

Date and Time: Friday, October 21 12:00 pm - 5:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Sunday, October 23, 2022

Roller Skating/Blading

Date and Time: Sunday, October 23 02:00 pm - 4:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Join in for Roller Skating at the Leo Boivin Community Centre! Roller blades are welcome, helmets and gear are strongly recommended. Children under 12 need to be supervised by an adult. Admission is free!

Monday, October 24, 2022

Pickleball

Date and Time: Monday, October 24 09:00 am - 11:00 am

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Walker House Fitness

Date and Time: Monday, October 24 11:00 am - 12:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Join in on Walker House for senior fitness at the Leo Boivin Community Centre on Mondays from 11am-12pm.

Everyone is welcome to participate in a few events as a trial before deciding to become a member of Walker House.

Tuesday, October 25, 2022

Pickleball

Date and Time: Tuesday, October 25 06:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Wednesday, October 26, 2022

Pickleball

Date and Time: Wednesday, October 26 09:00 am - 11:00 am

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Connect Youth After School Programming

Date and Time: Wednesday, October 26 02:00 pm - 4:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Join Connect Youth for recreational activities as part of their Drop-In After School Programming on Wednesdays and Thursdays from 2-4pm at the Leo Boivin Community Centre!

Thursday, October 27, 2022

Mobile Y Fitness Program - Gentle Total Body

Date and Time: Thursday, October 27 10:00 am - 10:50 am

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON K0E1T0

This free fitness class offered by the YMCA is happening at the Leo Boivin Community Centre every Thursday from August 11-November 10, 2022.

Gentle Total Body fitness takes place from 10am-11am.

Registration is required but you do not need to have a YMCA membership to participate. <u>Click here to download the registration form.</u>

YMCA Mobile Y Fitness Program: Gentle Core & Stretch

Date and Time: Thursday, October 27 11:00 am - 11:50 am

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON K0E 1T0

This free fitness class offered by the YMCA is happening at the Leo Boivin Community Centre every Thursday from August 11-November 10, 2022.

Gentle Core & Stretch takes place from 11am-12pm.

Registration is required but you do not need to have a YMCA membership to participate. <u>Click here to download the registration form.</u>

Connect Youth After School Programming

Date and Time: Thursday, October 27 02:00 pm - 4:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Join Connect Youth for recreational activities as part of their Drop-In After School Programming on Wednesdays and Thursdays from 2-4pm at the Leo Boivin Community Centre!

Pickleball

Date and Time: Thursday, October 27 06:00 pm - 8:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Friday, October 28, 2022

Movie Night

Date and Time: Friday, October 28 06:00 pm - 10:00 pm

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Join in for Movie Night at the Leo Boivin Community Centre!

First movie will begin at 6pm.

Second movie will begin at 8:30pm.

Movies being shown: TBD

Admission is free!

Monday, October 31, 2022

Pickleball

Date and Time: Monday, October 31 09:00 am - 11:00 am

Address: 444 Prince Street, Prescott, ON K0E 1T0 - Leo Boivin Community Centre

Drop-In and play Pickleball at the Leo Boivin Community Centre! Monthly memberships are \$30 or the drop-in rate is \$5.

Walker House Fitness

Date and Time: Monday, October 31 11:00 am - 12:00 pm

Address: Leo Boivin Community Centre, 444 Prince Street, Prescott, ON

Join in on Walker House for senior fitness at the Leo Boivin Community Centre on Mondays from 11am-12pm.

Everyone is welcome to participate in a few events as a trial before deciding to become a member of Walker House.

https://calendar.prescott.ca